

Milarepa Puja

Kagyü Samye Dzong London



Preliminary prayers

HUNG

Orjen Yulji Nublang Tsam
Pema Gesar Dongpo La
Yatsen Chog Gi Ngodrub Nye
Pema Jungney Shesu Drag
Khordu Khandro Mangpur Kor
Cherchi Jesu Dagdrub Chi
Jinji Labchir Sheg Su Sol
Naychog Diru Jinpob La
Drub Chog Dagla Wangshi Kur
Gegdang Logdren Barchey Sol
Chog Dang Tunmong Ngodrub Tsol

OM AH HUNG BENDZA GURU PEMA SIDDHI HUNG
(x3)

OM AH HUNG BENDZA GURU PEMA TURTREN TSAL BENDZA SAMAYA DZA DZA SARWA
SIDDHI PALA HUNG AH HRIMA HA RI NI SA RADZA HRI YA TSITA HRING HRING DZA DZA

Guru Khandro Tsokche Kyi
Dakchak Mope Bunam-la
Lu La Ku Yi Jinlilob
Ngak La Sung Gi Jinjilob
Yid La Tuk Kyi Jinjilob
Wang Zhi Kurwar Jinjilob
Gyud Zhi Dakpar Jinjilob
Lam Zhi Jongpar Jinjilob
Ku Zhi Tobpar Jinjilob

OM AH HOONG BENDZA GURU PEMA DEWA DAKINI KAYA ABHIKENTSA OM WAKA
ABHIKENTSA AH TISTTA ABHIKENTSA HOONG SARWA ABHIKENTSA HRIH

Nying Tob Chenpur Pagyul Lenmang Dro
Ledro Chenpur Churkun Denyi Zig
Drubpa Chenpur Chotrul Chiyang Tun
Lotsa Chenpoi Shab La Solwa Dep
Nutu Chenpur Kudra Tsaynay Chay
Kahchay Chenpur Lama Nyepar Dzay
Tsondru Chenpur Drubpal Jaltsen Tsug
Repa Chen Poi Shabla Solwa Deb
Tegpa Chenpoi Rigchog Yongsu Say
Chag Jah Chenpoi Togpa Ngon Du jur
Trinlay Chenpo Kha Dang Nyampar Dal

Nyigom Chenpoi Shabla Solwa Deb
Dampa Namla Gurpay Sol Tab Tu
Drubchu Tendzin Chognam Shab Ten Ching
Tenpa Rinchen Chog Chur Jehpa Dang
Jigten Geleg Chenpur Chabpar Shog

Chewa Kuntu Yang Dag Lama Dang
Dralmay Chuchi Pal La Long Chur Ching
Sa Dang Lamji Yuntan Rab Dzog Nay
Dorje Chang Gi Gopang Nyurtob Shog

Blazing Wisdom - The Guru Yoga and Feast Offering Puja of the Great Jetsun Milarepa

Rang Nyi Kaychig Dorje Naljorma
Marmo Dritur Chagjeh Traypar Jur

[OM AH BIGHHANENTA TRITA HUNG PEH
OM SOBHAWA SHUDDHA SARWA DHARMA SOBHAWA SHUDDO HANG

(Tongpai Ngang Lay Lung May Turjeh Teng
Tsenden Bhen Dzar Go Ku Da Ha Na
Bi Mu Ma Ra Shulay Sha Nga Dang
Dutsi Ngarjur Lungmay Shushing Kol
Drusum Uchi Yeshe Dutsi Kug
Damyeh Nyimay Dutsi Jamtor Jur

OM AH HUNG HA HO HRI - x3) x2

PEM

[OM KAKA KHAHI KHAHI SARWA YAKSHA RAKSHA SABHUTA TRETAK PISHATSA UNMAH DA
AHPA SAMARA DAHKA DAKINI DAYA
IDAM BALING DRI HANENTU
SAMAYA RAKSHENTU
MAMA SARWA SIDDHI MEM TRAYA TSENTU
YATAY BAM
YATAY TRAM
BHUDZA TA
DZIDRA TA
PIBA TA
MATI TRAMA TA
MAMA SARWA KAHRATAYA SATSUKAM BISHUDDHA SAHA YIGAM BHABENTU HUNG HUNG
PEH PEH SOHA] -x3

Gangdag Nag Poi Chog Jurpai
Sang Ngag Zabmoi Chogala
Nyer Dang Tawar Miwangma
Dedag Tamchey Shentu Deng
Galtay Kalay Dahjeyna
Dorje Katam Rabbarway
Gowo Tsalpa Jargay Jur

OM SUMBHANI SUMBHANI HUNG HUNG PEH

OM DRIHANA DRIHANA HUNG HUNG PEH
OM DRIHANA PAYA DRIHANA PAYA HUNG HUNG PEH

OM AH NAYAHO BHAGAWEN BIDYAH RAHDZA HUNG HUNG PEH

OM BENDZA RAKSHA RAKSHA HUNG HUNG PEH

Refuge and Bodhicitta

Dag Shen Kanyam Drowakun
Kunchog Tsawa Sumji Ngo
Wangchug Shaypa Dorje La
Jangchub Bardu Chabsu Chi (x3)

Majur Semchen Tadag Nam
Jetsun Repa Chenpo Yi
Gopang Lamay Tobjai Chir
Gosum Gela Kolwa Ja (x3)

Seven Branch Prayer

Rangsem Lamar Togpay Gu Chagtsal
Tsogdrug Shenpa Dralway Churpa Bul
Nyi Dzin Ahtay Rangdrig Longdu Shak
Tujleh Junchay Mayla Yirang Ngo
Chabdal Yeshe Chukor Khordu Sol
Chogtu Minjur Chukur Shug Soldeb
Kachab Drokum Kusum Tobchir Ngo
Korwa Dongtrug Drodun Drubpar Shog (x3)

OM AH HUNG
Rang Nang Namdag Kah Chur Orjen Shing
Chujung Peh Nyi Ro Teng Kaychig Gi
Jalyum Dorje Pagmo Litri Dang

Trigur Tur Trag Chagjah Nga Yi Tray
Katam Yunten Shabnyi Chang Kum Tsul
Mepung U Shug Teywa Eh U Su
Dunkum Drubjeh Khorlo Ubarwao

OM BENDZA BEROTSANI YEH HA RI NI SAH HUNG HUNG PEH SOHA (x108)

Rang Gi Tuglay Yeshe Uzer Trur
Ngo Dzin Tsenchay Usal Yingsu Jang
Chinur Choying Ogmin Tugpo Kur
Naykang Tarpa Chenpoi Shalmay Kang
Churpay Yojay Kunzang Munlam Trul
Chi Nang Sangwa Da Nyi Kurpai Trin
Zagmay Dechey Namkah Gangwar Jur

OM AH HUNG

BENDZA SARWA PUDZA MEGHA SAMUDRA SAPARANA SAMAYEH HUNG SOHA

Dunay Namdag Sangjeh Shing
Lung Nga Dagpa Seng Gei Tri
Tsu Nga Dag Pa Pemai Den
Kam Nga Dagpa Nyiday Teng
Sem Nyi Tongpa Lamai Ku
Yeshe Luchen Dorje Chang
Ngonshey Drugden Telopa
Jutrul Drawa Naropa
Jeh Dzay Dorje Lhodragpa
Drowai Gonpo Dzamling Drag
Kaju Norbui Trengwa Nam
Chigdur Korloi Gonpo Ngo
Jetsun Shaypa Dorjei Shab
Ngosang Rekar Lagochen
Utra Chingbu Kujab Drol
Chag Yai Nyenji Taykar Ten
Yunpai Nyam Shak Turshul Nam
Shab Nyi Cheypai Chiltrung Dzay
Tong Nyi Sherab Naljorma
Gomtag Tsulji Kula Chu
Yeshe U Ngai Zi Jinbar
Shom May Dorjei Gur Yang Drog
Tugjeh Mupai Bulagong
Kaju Lama Yidam Lha
Khandro Churchong Sungmai Khor

Trintar Trigpai Una Shug
Dorje Sumji Uzer ji
Ngon Ga Lasog Shingnam Nay
Chen Drang Nyisu Maypar Jur.

HUNG

Chuku Khachab Shengsu Mimig Chang
Tugjei Jutrul Gangdul Zugchi Ku
Mupai Lodang Tsampar Nam Rolwa
Dayden Sunam Shingdu Shegsu Sol
Ngon Ga Lasog Dagpai Shing Khamnay
Wangchug Shaypa Dorje Khandroi Tso
Kaju Drubtob Jamtso Yidam Lha
Khandro Chu Chong Korchay Shengsu Sol

EH AH RA LI PEM
BENDZA SAMADZA

Jetsun Repa Jalwa Saydang Chay
Duljai Yulla Nyingjay Tser Gongtay
Churpai Yuldu Tenpar Shugnay Chang
Lu Ngag Yila Dorjei Jinchen Pob

TIGTA BENDZA HUNG
SAMAYA SATAM HO

Dorjei Ku Sung Tugchog Yunten Dang
Trinlay Mizay Jenji Korloi Dag
Chabnay Kundu Dorje Jaltsen La
Gosum Gupa Chenpur Chagtsal Lo

NAMO NAMA HUNG

Shingkam Rab Jam Jamtso Tayakun
Hla Dzay Yi Ong Chiyi Churpay Trin
Kunzang Nampar Rolpay Kangtay Bul
Tsok Nyi Yong Dzog Churchi Jalpor Shog
Pungkam Chay Chey Dupai Yunten Nga
Rangshin Namdag Dorjei Po Nyamo
Namkha Gangway Lamai Khorlor Chur
Dug Nga Rangdrol Ku Nga Tobpar Shog

Tabshay Zungjug Jurmay Lhen Chig Chay
Detong Yeshe Chenpoi Gatunla
Zagmay Ting Dzin Rolpay Wangjur Nay

Sipay Dug Ngal Chinglay Drolway Dzur
Gangla Togtah Umay Khor Daymay
Churkun Rangshin Nyugma Chagjachey
Yigay Lay Dey Khorsum Nampardag
Rangshin Lhundrub Chupa Chenpo Oh

OM BENDZA SARWA PUNDZA MEGHA SAMUDRA SAPARANA SAMAYEH AH HUNG
OM AH HUNG

Lingshi Jigten Rabjam Ju Tsen Jor
Rabjam Jamtsoi Shing Gi Jorpai Tsog
Malu Loyi Langte Bul Lagna
De Nyey Drokun Tugjay Zungdusol
Daglu Longchur Dokpa Chi Chi Dang
Pung Kham Chechay Dralyun Dunmar Chay
Dagtu Zungwai Ngo Por Jur Tsay Kun
Bulji Dag Dzin Shiwar Jinjilob
Ngo Dang Nog Min Tahlay Yongdrol Shing
Chegag Nay Sum Dro Ong Tagchay CHI
Ming Tsen Layday Naylug Mandal Chog
Pulway Jetsun Chey Dang Yemay Shog

OM GURU RATNA MANDALA PU DZA MEGHA SAMUDRA SAPARANA SAMAYEH AH HUNG

GURU NAMO HUNG

Nying Jay Chenpo Sem Chenpo
Migpa Chenpo Lo Chenpo
Gocha Chenpo Tson Chenpo
Pah Chen Churla Chag Tsal Tur
Daypa Chenpo Gu Chenpo
Dam Tsig Chenpo Tulshug Chay
Tsondru Chenpo Tob Chenpo
Chey Chog Churla Chag Tsal Tur

Sherab Chenpo Tab Chenpo
Dewa Chenpo Salwa Chay
Tongpa Chenpo Ja Chenpo
Tubchen Churla Chag Tsal Tsur
Tegpa Chenpo Sa Chenpo
Lamchen Yeshe Chenpo Tay
Yunten Chenpo Nyendrak Chey
Dagchen Churla Chag Tsal Tur
Shingkhram Chenpo Nangwa Chey
Dzutrul Chenpo Dulja Chey
Jinlab Chenpo Dun Chenpo
Chabchen Churla Chag Tsal Tur
Kuchen Ziji Chenpopa

Sung Yang Chenpo Upo Chey
Chenpa Chenpo Tutob Chey
Palchen Churla Chag Tsal Tur
Jang Chog Munpai Mag Rum Na
Gangla Nyima Shardra Wa
Tupa Gah Shey Jawayi
Cheybu Dela Chag Tsal Tur

[Ogmin Churchi Ying Chi Podrang Na
Dusum Sangjeh Kunjui Ngo Wo Nyi
Rangsem Churku Ngon Sum Tun Dzaypa
Palden Lama Dampala Chag Tsal
Lu Dang Longchur Yichi Trulpa Yi
Churpa Kunji Chur Ching Tupar Ji
Ngar Jay Digpa Malu Sosor Shag
Digpar Shenyang Lenchay Mijido
Drokun Gewa Kunla Jeyirang
Jang Chub Chog Gi Jurni Ngo Warji
Nya Ngen Midar Shugpar Solwa Deb
Tegchog Lamay Chukhor Korpa Kul
Jam Dang Nyingjeh Chogmay Jongpa Dang
Dundam Lhenchig Chepai Yeshe Day
Jalwa Sechey Namchi Togpa Tar
Dag Gi Ngosum Tog Par Jinji Lob
Julu Trulku Togpar Jinji Lob
Sog Tsol Longkur Togpar Jinji Lob
Rangsem Chukur Togpar Jinji Lob
Kusum Yermay Charwar Jinji Lob] (x3)

OM AH GURU HASA BENDZA HUNG (Repeat many times)

[Manam Kah Dang Nyampai Semchen Tamchey Lama Sangjeh Rinpoche La Solwa Debso
Manam Kah Dang Nyampai Semchen Tamchey Lama Kunchab Churchi Ku La Solwa Debso
Manam Kah Dang Nyampai Semchen Tamchey Lama Dechen Longchur Dzogpai Kula Solwa
Debso
Manam Kah Dang Nyampai Semchen Tamchey Lama Tugjeh Trulpai Ku La Solwa Debso] (x3)

[Dagdang Semchen Tamchey Lochur Sudrowar Jinji Lab Tu Sol
Churlam Du Drowar Jinji Labtu Sul
Lam Trulpa Selwar Jinji Labtu Sol
Trulpa Yeshe Su Charwar Jinji Labtu Sol
Dag Gi Laydang Nyunmong Pai Dribpa Dang
Shey Jai Dribpa Dang
Bagchag Chi Dribpa Tamchay Data Nyidu Dag Par Jin Ji Labtu Sol

Dugsa Di Nyidu Dagpar Jinji Labtu Sol
Tundi Nyidu Dagpar Jinji Labtu Sol
Dag Gi Judi Dagpar Jinji Labtu Sol
Judi Nampar Drolwar Jiji Labtu Sol
Data Nyidu Drolwar Jinji Labtu Sol
Dugsa Di Nyidu Drolwar Jinji Labtu Sol
Tundi Nyidu Drolwa Jinji Labtu Sol
Dag Gi Julia Ting Ngey Dzinchog Tu Jurpa Chinchu Malogpa Chewar Jinji Labtu Sol
Data Nyidu Chewar Jinji Labtu Sol
Dugsa Di Nyidu Chewar Jinji Labtu Sol
Tundi Nyidu Chewar Jinji Labtu Sol
Yeshe Chogtu Jurpa Chin Chi Malogpa Cheywar Jinji Labtu Sol
Data Nyidu Chewar Jinji Labtu Sol
Dugsa Di Nyidu Chewar Jinji Labtu Sol
Tundi Nyidu Chewar Jinji Labtu Sol (x3)

Jang Chog Judu Ku Trung Shing
Jigten Chunji Ma Gurpa
Kahwa Cheypai Ngo Tsar Chen
Mila Chogla Solwa Deb
Dechen Jumay Royi Nyur
Sisum Dagpai Chagjeh Ching
Seg Shui Lamnay Lhen Chig Chey
Mila Chogla Solwa Deb
Ragnang Tratig Zabmo Ten
Tra Nyong Dag Jin Labpar Dzey
Sangwai Chilkhor Rigchi Dag
Mila Chogla Solwa Deb
Zagmay Tsomor Sabon Trol
Sidag Lamdu Nyingjeh Len
Nupa Dragpoi Kur Shengpa
Mila Chog La Solwa Deb
Dag Chang Khorwa Mipong Shing
Nyang Day Shiwar Mijug Par
Khachur Wangchug Mila Yi
Chog Gi Ngodrub Drubjur Chig

Je Mila Shaypa Dorje La Solwa Debso
(Repeat many times)

Jeku Tsechig La Sangjeh Neh
Tsentur Tsey Khorwa Dong Trugpa
Naljor Ji Wangchug Rinpoche
Palshaypa Dorje Trulpai Ku
Pa Jetsun Repa Chenpo La
Bu Mugu Dungway Solwa Deb
Yi Tetsom Meypai Lotay Shu

Du Dichi Kuntu Tugje Zung
Tse Longmay Mitag Cho Shay Chey
Lo Dampai Chur So Drowar Dang
Lam Mendang Logpar Migolwar
Chur Jetsay Lamdu Drowa Dang
Lay Judrey Langdor Michol Shing
Ju Dom Pa Damtsig Nampar Dag
Tsok Zagchey Zagmay Yongsu Dzog
Chi Chojeh Nyungmong Chinglay Drol
Nang Shudei Lamsang Tahru CHin
Dun Rang Rig Nyugma Chagja Cheh
Shi Kusum Tsalnang Chunyi Jen
Je Repa Chenpoi Sangsum Dang
Yer Micher Rangrig Nying U Say
Du Kechig Nognpar Sangjeh Teh
Ma Khanchab Drowa Dren Nupai
Chog Tunmong Ngodrub Malupa
Ten Diru Tobpar Jinji Lob

OM AH HUNG GURU RATNA SARWA SIDDHI HUNG

Tsok Prayer (skipped except for Sundays starting on the 20th. Go to page 12
Jetsun repa...)

OM AH BIGHANENTA TRITA HUNG PEH

OM SOBHAWA SHUDDHA SARWA DHARMA SOBHAWA SHUDDON HANG

Madag Drijang Yeshe Bhendai Nang
Tsog Dzay Dam Yermey Dutsi Tso
Duyun Nampa Pagmay Charwa Yi
Lamay Lamai Chi Khor Nyejay Jur

OM AH HUNG HA HO HRI (x3)

Nay Rangshin Namdag Chuchi Ying
Yul Ngo Dzin Drelwai Shing Kham Nay
Dun Chuku Trudang Drelwai Dang
Je Yeshe Jutrul Repa Chey
Pa Kaju Lama Yidam Lha
Ma Naysum Daki Chur Chong Chey
Nay Damtsig Tsangmai Tsog Khang Dir
Bu Mugu Dungway Chendren Na
Ku Salton Jah U Lam Se Lam
Sung Dorjei Gur Yang Chu Ru Ru
Tug Detong Tingdzin Ya La La
Chog Tunmong Ngodrub Sha Ra Ra

Chog Yeshe Jinchen Tib Se Tib
Tsog Khorloi Duwar Sheg Su Sol
Chi Naykhang Ogmin Khachu Shing
Nang Cheycham Pawo Naljorma
Chu Zagmay Yeshe Dutsi Chey
Dun Lhen Chey Chuku Jenpa Ru
Du Tentog Diru Jinji Lob

HO

Tsog Chur Zagmay Dutsi Tso
Yeshe Rolpa Chutrin Di
Chabnay Kundu Drolwai Gon
Khandroi Wangchug Repa Chey
Jetsun Sheypa Dorje Dang
Yidam Pahwo Naljorma
Chusung Kahdong Cheyla Bul
Kaju Drubtob Jamtso Kang
Tsechig Ngon Tsang Jawar Dzur
Ju Deshin Yi Lhatsog Kang
Chog Dang Tunmong Ngodrub Tsol
Naysum Pahwo Khandro Kang
Trinlay Namshi Togmay Drub
Chuchong Kahdur Khorchey Kang
Tenta Nurpai Drageg Drol
Damsig Chagnyam Sorchu Nay
Chaymay Chuku Ngonjur Shog

GANASATRA PUDZA KHAHI

Dewar Shegpa Chuchi Ku
Dugchag Drima Dang Dral Way
Zung Dang Dzinpa Nampar Pang
Deshin Nyila Dag Chag Tsal

AH LA LA HO

(Long Life Prayers)

Dechen Tsogchi Khorlor Tagrolpa
Dusum Jelwai Terchen Karmapa
Yabsay Jupar Cheypa Si Tso Dir
Kalpa Kalpai Bardu Shab Ten Sol
Gang Gi Zab Sang Sung Gi Sangwa La
Tursam Drubpa Nyingpor Jaypa Yi
Pong Dang Logpal Denam Tamchey Ni
Yargi Chuwo Tabur Jehjur Chig

Palden Lama Shabpay Tenpa Dang
Kha Nyam Yongla Dechi Jungwa Dang
Dagshen Malu Tsog Sag Drib Jang Nay
Nyurdu Sangjeh Sala Gurpar Shog
Namshig Dorje Den Ji Dzin Mai Tser
Chu Nyi Dzaypai U Chim Marpol Oo
Jamchen Chuchi Nyima Charwai Tser
Dag Chang Khorji Tu Wor Jurwar Shog

HO

Ranglu Densum Tsangwai Lhar
Nang Gi Seglug Pulwa Yi
Nyurdu Dorjei Lamdrur Nay
Chagja Chenpo Drub Jur Chig

OM AH HUNG (x3)

End of Tsok Prayer

Jetsun Repa Tsasum Lha Tsog Chi
Dagju Minching Drolwar Jinji Lob
Solwa Tabpay Khornam U Du Shu
Tso Woi Kurtim Deyi Naysum Nay
Jinlab Ozer Kar Mar Ting Sum Trur
Dag Gi Naysum La Tim Gosum Ji
Drib Dag Bomsang Sheryei Wangchog Tob
Kusum Ngontu Jehpai Kalchen Jeh
Mugu Shugchi Jetsun U Du Shu
Chiwo Nayshug Rang Dang Yermey Drey
Lhenchey Dribdag Dunji Wangshi Tob
Ngowo Nyikul Sabon Jula Shag
Sangsum Gosum Yermey Rochig Jur
Dundam Chuku Lodral Dewachey
Yila Mijey Nyugma Lhen Chig Chey
Nagsi Chagja Chenpo Eh Ma Ho

(Dedication Prayer)

Gewa Didang Dusum Sagpa Yi
Gekun Sechey Jalway Dup Tar
Miney Jangchub Chenpor Ngowar Ji
Zungjug Gopang Tse Dir Tobpar Shog

Drubla Tsunpa Tarchin Shing

Trulpai Sabon Junchey Nay
Jetsun Repa Chenpo Dang
Namtar Trinlay Nyamjur Chig

Kaju Lamai Jinlab Trinchen Trig
Yidam Lha Tsog Ngodrub Char Jun Beb
Khandro Chuchong Trinlay Dreybu Min
Dun Nyi Lhunji Drubpai Tashi Shog.

Kunchog Rinchen Sumla Chag Tsal Lo
Gewa Diyi Nyewar Tsun Nayni
Semchen Namchi Dusum Sagpa Yi
Zag Chen Zag May Zungjug Gewa Nam
Lamay Jangchub Chenpor Ngowar Ji
Drokun Tamchay Chenpa Tobpar Shog
Chur Ying Jang Chub Semchi Chilkhor Du

Dag Sog Semchen Tamchey Chi
Dusum Sagdang Togpa Yi
Drodrug Semchen Malu Pa
Ku Nga Yong Dzog Sangjeh Tobpar Shog

Sangjeh Kusum Nyerpai Jinlab Dang
Chur Nyi Minjur Denpai Jinlab Dang
Gendun Michey Dunpai Jinlab Chi
Jitab Ngowa Munlam Drubpar Shog.

Rabjam Gyalwa Gyamtso Rig Chi Dag
Palden Lama Jetsun Tse Wey Ter
Gyal Chog Chochi Jungne Dampa Yi
Chewa Kuntu Jesu Dzin Jyur Chig